

## 2023 School Age Program Handbook



## **Our Promise**

Young people want to shape the world. Camp Fire provides the opportunity to find their spark, lift their voice, and discover who they are. In Camp Fire, it begins *now*.

## **Our Mission**

Every child will have an opportunity to discover the best in themselves and others in a fun, safe, learning environment.



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Please contact the main Camp Fire Office for general inquiries, billing and registration questions. Call the site phones listed below to report illness or absence or with specific questions about your child. Contact our managers for program related topics.

Main Office: (907) 279-3551 or campfire@campfireak.org

Nichole Boyden, Program Manager: (907) 257-8830 or nboyden@campfireak.org

Theresa Rinehart, Program Manager: (907) 257-8813 or trinehart@campfireak.org

Alpenglow in Eagle River: (907) 891-2741 AM/PM	Muldoon in Anchorage: (907) 312-9948 AM
Aquarian in Anchorage: (907) 891-2691 PM	North Star in Anchorage: (907) 312-9963 PM
Chester Valley in Anchorage: (907) 891-3347 AM/PM	Ocean View in Anchorage: PM
Chugiak in Eagle River: (907) 891-2642 AM/PM	O'Malley in Anchorage: (907) 891-0412 AM/PM
Denali in Anchorage: (907) 717-4341 AM/PM	Ravenwood in Eagle River: (907) 891-0674 AM/PM
Government Hill in Anchorage: (907) 891-3191 AM/PM	Rogers Park in Anchorage: (907) 891-1643 AM/PM
Homestead in Eagle River: (907) 744-7164 PM	Scenic Park in Anchorage: (907) 891-3281 AM/PM
Huffman in Anchorage: (907) 891-1628 PM	Tyson in Anchorage: (907) 632-0427 AM/PM
Inlet View in Anchorage: (907) 717-4535 AM/PM	Trailside in Anchorage: (907) 891-3290 AM

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#### Welcome to Camp Fire!

We are pleased to be able to provide licensed program opportunities to families this school year. Whether you are new to Camp Fire or a returning family, we want to make sure you have the information you need. Our school program is the cornerstone of our business where we deliver quality programming in schools throughout Anchorage and Eagle River. The benefits of choosing Camp Fire are many and include professionally trained staff, extended hours to meet the needs of working families, a scholarship program to help with fees, and our partnership with the school district to provide programs and care when school is not in session.

During the school year we welcome youth in kindergarten through sixth grade to our school-based programs. During the summer, we run four different programs and extend our reach to include youth in middle and high school. All of our programs provide youth with opportunities to learn new skills, challenge themselves, make friends, and discover who they are.

We're so glad you're here. To learn more, visit www.campfireak.org or call (907) 279-3551



#### **Civil Rights Law**

Camp Fire Alaska does not discriminate in the registering of children due to race, religion, color, creed, economic status, national origin, physical and mental handicap, or gender as per A.S. 18.80.230 and AMC 5.20.50 and Camp Fire Alaska by-laws.

# REGISTRATION



#### Registration

Camp Fire Alaska's Licensed School Programs serve elementary school youth. Youth are admitted to program in order of registration date. Enrollment capacity varies by site, and is influenced both by program space size and staffing availability. If sites reach capacity, families may add their names to a rolling waitlist.

Every child must be pre-registered in order to attend program. All families must complete all required paperwork and submit it to the registrar at least two weeks prior to attendance.

Once you have completed online registration, you will receive an email letting you know of your registration status and if there are any documents you still need to submit.

Families will be asked to supply emergency contact information and medical/behavior history. Licensing requires Camp Fire to collect immunization records (including date of most recent tetanus shot) and the record of a physical exam performed by a licensed medical professional (to be updated every two years). In order for Camp Fire to comply with Licensing requirements, families who fail to supply the required medical documents in a timely manner will be refused service.

Families grant Camp Fire permission for children to participate in field trips or activities away from the facility during the registration process and prior to the actual field trip. Families grant Camp Fire permission to request emergency healthcare services in the event of medical emergency by default when registering for program. Camp Fire only admits children registered to attend our programs. We do not issue refunds or credits in the event of nonattendance for contracted program days.

#### **Change of Enrollment**

We require advanced written notice to manage staffing needs. Camp Fire accepts changes from the registering adult only. Changes to enrollment, including cancellations, must be submitted by the 15th of the month prior to the change. Parents will be held financially responsible for their originally contracted schedule if they miss this deadline. To change your enrollment please email us at registrar@campfireak.org.

#### Records

Completed registration, medical and immunization records are due at the time of registration for all participants. Two current telephone numbers that staff can use to reach the registering adult, as well as two local emergency contact numbers are required. If Camp Fire staff cannot reach the registering parent, they will call the emergency contact numbers. Emergency contacts are limited to the Anchorage and Eagle River area.

Make sure all contact information is up to date and we have a way to reach you or a responsible adult during program. If your child becomes ill or can no longer participate in program safely, someone will be required to pick them up from program within one hour.

# **PAYMENT INFORMATION**



### Payments

Camp Fire accepts cash, checks, credit cards, (VISA, MasterCard and Discover) and money orders. Please do not send cash through the mail.

Payment is due on the first of each month. Refunds or credits are issued on a case-bycase basis and are not guaranteed. To request a refund, registered adults must email the registrar at registrar@campfireak.org.

Statements are mailed on the 20th and due by the first of the month. Failure to receive a statement does not relieve you of payment responsibility. A \$25 late fee will be added to all past due accounts. A \$30 fee may be charged on all dishonored checks.

Payments may be delivered or mailed to: Camp Fire Alaska 161 Klevin Street, Suite 100, Anchorage, AK 99508

For more information on fees and payment plans, visit www.campfireak.org or email finance@campfireak.org.

## **Program Costs and Registration**

Before & After School \$560/month (adjusted to cover extension of program on PLC Mondays)

Before School Only \$420/month (adjusted to cover extension of program on PLC Mondays)

After School Only \$490/month

Camp Fire Alaska requires a \$50 registration fee per child, and a \$35 deposit per family. These fees are non-refundable and non-transferable. Payments can be made online.

## **Credit Card Payments**

Camp Fire Alaska offers the convenience of online payments. There is a 2% convenience fee for credit card payments.

Camp Fire accepts VISA, MasterCard, and Discover. Camp Fire Alaska offers automatic monthly credit card processing. Registering adults interested in automatic credit card processing (outside of the online system) may call our Finance Department at (907)279-3551. These payments are charged to credit cards on the first day of the month.

## **Scholarships**

Camp Fire Alaska provides scholarships for families who qualify. We ask families to apply early and contribute as much as they can towards participant fees. Further information about scholarships and scholarship applications can be found online.

## **Third Party Payments**

If you have an arrangement with a third party (OCS, CCA, etc.) please let us know at the time of registration. Camp Fire Alaska holds the registering adult responsible for submitting contracts, authorization or paperwork from a third-party agency which covers all or part of program fees. Camp Fire Alaska will bill the agency on a monthly basis. The registering adult is responsible for all fees the agency does not cover. This includes Municipal Child Care Assistance and other financial assistance programs.



# **GENERAL INFORMATION**

## Communication

Camp Fire Alaska communicates through email, social media, and with updates to our website. Please add us to your email address book and check your spam folder for important messages. You can also like us on Facebook, follow us on Instagram and check our website homepage for news.

Most communication between staff and families is via verbal communication at site. Camp Fire Alaska sends regular emails with program information, and text alerts for urgent communication. Staff will call parents if there is any cause for concern. Non-emergency phone use is not available for children.

## Media Release

Camp Fire collects photos and videos of program activities for press releases, reports, and media activities. Photos are not used without parental permission, as indicated on the registration form. To modify this release, notify the main office.

## **Photo Policy**

Due to youth protection practices, parents and family members are not permitted to take video or photos of staff or youth who are not their own.

## Confidentiality

Camp Fire staff will maintain confidentiality in regard to all children and family information.

#### Insurance

Camp Fire Alaska carries Limited Accident Insurance which covers all participants in our programs. Treatment must begin within 30 days of the incident. The insurance covers claims received within 52 weeks from the date of the incident. Send all requests for reimbursement to finance@campfireak.org.

## **Prohibited Items**

Weapons, fireworks, alcohol, drugs, or dangerous objects may not be brought to program. If these items are suspected at program, parents will be notified and any items found will be seized and held until the parent's arrival. Pets are not allowed in program and must remain in cars if brought to school sites.

## **Commitment to Inclusion**

Camp Fire takes pride in its long-standing commitment to providing programs to *all* youth and families. Our programs are designed to reduce racial, religious, gender, and cultural discrimination barriers while fostering positive, inter-cultural relationships.

Camp Fire advocates for *all* children, and we strive to provide each family with personalized care. Families will have the opportunity to disclose relevant personal and medical histories while registering for Camp Fire. If interested in developing a Plan of Care for your child, please contact the Family Services Manager.

Camp Fire School Programs are licensed by the Municipality of Anchorage. For more information on municipal guidelines go to www.muni.org and refer to the Parent's Guide to Licensed Child Care.

# **DAILY PROCEDURES**



#### **Hours of Operation**

3:30-6pm

**Before Only Programs:** Monday 7-10am Tuesday through Friday 7-9am **Before & After Programs:** Monday 7-10am and 3:30-6pm Tuesday through Friday 7-9am and 3:30-6pm **After Only Programs:** Monday through Friday

A avarian Only Manday through Friday

Aquarian Only: Monday through Friday 3:15-6pm

#### Check In and Check Out

We highly encourage families to come inside program for both check-in and check-out. If you choose to remain in your vehicle, please call the site phone to let staff know your child is on their way inside at check-in or that you are ready for us to bring your child out to the car at check-out. All parents/guardians are required to arrange transportation to and from program for their child.

#### Late Pick-Up Fees

If adult arrives to pick up their child after program has closed, a late fee of \$15 per quarter hour will be added to the registering adult's monthly invoice.

#### **Access and Visiting**

Camp Fire welcomes and encourages registering adults to visit program at any time and communicate with Site Directors about their child's participation. We strongly encourage adults to call the site phone beforehand to determine when the best time would be to do visit.

#### **Missing Program**

Parents must notify program staff of any absences by calling or texting their sites phone number (listed on page two). Voice messages are checked regularly.

#### Illness

It is imperative for our staff, youth, and families that you keep sick children at home. In the event your child is ill please call your site's phone number (listed on page two) to let us know that your child won't be attending program.

#### **Policy Changes**

If there are any updates made to our School Age Program policies or if there are any program closures, registering adults will be notified by email and sometimes by text message. These updates may also be found in the registration portal announcement center.

#### **Holiday Closures**

September 4 - Labor Day October 9 - Indigenous Peoples Day October 21 - ASD Grading Day November 10 - Professional Day November 23-24 - Thanksgiving December 21-26 - Winter Break January 1 and 2 - New Year's Day January 15 - Martin Luther King Jr. Day February 19 - President's Day March 8 - ASD Grading Day April 19 - ASD Closure May 22 Program Ends Last Day of School



# **PROGRAM OVERVIEW**

#### Inside our Program

Camp Fire Alaska's Before and Afterschool Program allows family schedules to be more flexible. During program, youth will bond with their staff, build lasting friendships with other youth, participate in STEM and STEAM activities, gain confidence and independence, master new skills and challenge themselves! Youth will take part in games, arts and crafts, nature activities, community service projects, and more.

## Operations

Camp Fire will provide healthy breakfast foods, such as cold and hot wholegrain cereals, grapes, and oranges. Camp Fire will also provide healthy snacks, such as wholegrain crackers, cheese, fresh vegetables and fruit. Youth will need to bring their own lunch during Spring and Winter break program days.

We will be closed on school holidays and on snow or emergency closure days.

## Substitutes and ASD Staff

On-call substitutes who meet the Municipal Child Care Staff qualifications cover staff absences. Anchorage School District teachers or teacher assistants may ask youth to help in a classroom or give extra educational support to a youth.

## **Volunteers and Guest Speakers**

Volunteers and guest speakers may visit sites to share their talents with our program participants; they will always be accompanied by a qualified Camp Fire staff member.

## **Daily Schedule**

- Circle time and meal service will happen at the beginning of each program block.
- Scheduled outside time will be incorporated multiple times throughout each day.
- Activities encourage friendship, fun and learning.
- Free play is time for youth to spend their time engaging with any of the toys and craft supplies that are available.
- Camp Fire staff can help youth with homework if they would like to complete homework during program.

## What to Bring

- If you would like your child to wear a mask, families need to provide a face covering for their child(ren). Bringing an extra mask each day is recommended.
- We go outside every day so please send appropriate outdoor gear.
- A change of clothing for younger children is encouraged.
- Water bottle

## What Not to Bring

- Toys from home.
- Candy or sugary drinks.
- Electronics, except what is needed for homework.

# HEALTH IN PROGRAM



## Safety Measures

- Registering adults must be able to pick their child up from program immediately (within an hour) for illness or COVID-19 symptoms.
- Vaccines are not required at this time for staff or for youth, but are strongly encouraged.
- Talk to your child about what to do if they are not feeling well while at Camp Fire.
- Our mitigation plan is subject to change based on the status of current health concerns.

## Program will continue to implement a variety of mitigation efforts including:

- 1. Requiring symptomatic staff and youth to stay home from program.
- 2. Daily cleaning and sanitization.

## Injuries & Illnesses

Camp Fire staff will inform the registered parent of any injuries or illnesses that occurred during program. Staff will contact the registered parent in the event of a non-serious injury or illness that requires medical care. Staff will appropriately care for the child until an adult can pick them up. In the event of serious illness or injury, parents will be immediately notified and emergency healthcare services requested.

## Site Capacity

- Aquarian 80 Alpenglow - 80 Chester Valley - 80 Chugiak - 80 Denali - 80 Government Hill - 80 Homestead - 80 Huffman - 80 Inlet View - 70
- Muldoon 80 North Star - 80 Ocean View - 80 O'Malley - 50 Ravenwood - 80 Rogers Park - 70 Scenic Park - 45 Trailside - 80 Tyson - 80

## When To Keep Your Child Home

Youth who are experiencing high fever of 100.4 or higher, colds, severe cough, diarrhea, severe ear ache, eyes that are red, draining or itchy, rash, severe sore throat, vomiting, or other heightened symptoms cannot attend program. Youth can return to program when symptoms have significantly resolved and youth are feeling better.

All Health Guidance is subject to change based on local, state and national health guidance changes.



## **PROGRAM SAFETY**

### **Release to an Authorized Pickup**

Camp Fire releases youth to the registered parent or adult individuals designated by the registered parent. Additions to the authorized list can be made at any time by the registered parent. Camp Fire requires valid, government-issued photo ID prior to releasing children. Individuals younger than 16 are not authorized to sign out a child from program. If an authorized adult appears to be under the influence of drugs and/or alcohol, Camp Fire staff will not release the child until another authorized adult is present. Camp Fire does not release children to walk home unaccompanied.

### **Custody Arrangements**

Specific court orders will be necessary in order for Camp Fire to deny access to any legally recognized parent. We encourage families to find solutions to custody disputes outside of Camp Fire programs.

## Abuse & Neglect

Alaska State Statutes and Anchorage Child Care Regulations require Camp Fire to report all incidents of suspected or observed abuse and neglect of children. As required by law, Camp Fire Alaska reports such incidents within 24 hours to the Office of Children's Services and the Licensing Agency.

### **Safety Policy**

Camp Fire does not tolerate activities that place *anyone* at risk for harm. Violence, cigarettes, alcohol, controlled substances, and sexual activity are barred from all Camp Fire programs. This rule applies to all staff, children, visitors, and parents present at Camp Fire sites.

Firearms, ammunitions and/or weapons are *never* allowed in Camp Fire programs. The only exception applies to law enforcement officers required to carry weapons as part of their uniform/job. Officers must disclose presence of weapons to Camp Fire staff prior to entering program.

As a general rule, Camp Fire Alaska follows the Anchorage School District's guidelines and internal procedures when these rules are violated. Immediate suspension and/or expulsion from program may occur. Camp Fire will act as expediently as possible in responding to any reported rule violations. Depending on the assessed risk, youth may be suspended from program while Camp Fire investigates.

#### **Substance Use**

Camp Fire is a smoke-free, alcohol-free and drug-free environment. Camp Fire maintains a smoke-free environment, including vehicles used to transport children. Smoking is prohibited inside any program facility, in outdoor program areas, and within 20 feet of associated doorways.

# **PROGRAM POLICIES**



#### **Medications**

Staff review each child's health history and collect any medications prior to program start. Parents should label all medications with the child's name, bag medications together, and be prepared to review medical history documents with program staff upon delivering youth medication. All medications (from epi-pens to gummy vitamins) must be in their original containers with physician note, prescription label, or Doctor's note for over the counter medications. Medications will be administered according to the instructions printed on the original container. Directions that are different from those on the package must be provided by a physician. Expired medications will not be accepted. Stored medications are checked for expiration during monthly site safety inspections. Staff will return all expired medication to families, and request a fresh replacement. Safety is Camp Fire's highest priority, and we encourage parents to help program staff double check our onsite stock, particularly for high-need medications like inhalers or epi-pens.

#### **On-Site Emergencies**

In the event of an emergency, staff follow safety protocols judged necessary to the situation. Site Directors will immediately contact emergency officials and the Camp Fire office for support. Camp Fire will always communicate emergency updates to parents as information is received. It is essential for parents to share their updated contact information with Camp Fire.

### **Technology & Personal Property**

Please keep personal belongings at home or in backpack while at program. Electronics, toys from home, or personal items should not be brought to program. Camp Fire Alaska is not responsible for lost or damaged personal equipment. Exceptions are made for Chromebooks and any tools needed for online school time.

#### **Inclement Weather**

Weather permitting, Camp Fire youth go outside every day. Children must have weather appropriate clothing every day. If the temperature falls below -10° Fahrenheit, children will stay indoors. Extreme wind, heat, smoke, or other conditions may prevent outdoor play. As a general rule, if the host school cancels outdoor time, so will Camp Fire.

In the unlikely event of a hazardous weather advisory, Camp Fire will follow safety protocols driven by the advice of the Municipality and local pediatricians. Camp Fire will keep parents informed of any health hazards, and cautionary changes made to our programs.

#### **No-Tolerance Policy**

Camp Fire has a no-tolerance policy for physical violence toward other program participants or staff; use of cigarettes, alcohol, controlled substances; sexual activity; and firearms that places self, other children, or staff at risk. This applies to all staff, children, visitors, and parents while present at Camp Fire sites.

Camp Fire, at times, provides structured activities involving archery, with trained and qualified staff supervising. At no other time is any person permitted to carry any type of firearm, ammunitions and/or weapon in Camp Fire programs for any reason unless they are law enforcement officers required to carry these weapons as part of their uniform/job, and disclose this information to the Camp Fire staff. Violation of this policy will result in immediate removal from the program. Immediate suspension and/or dismissal from the program may occur. Camp Fire will act expediently as possible in responding to any claims. Suspension may occur even while an incident is being investigated.



# **BEHAVIOR POLICIES**

## **Guidance and Discipline**

Camp Fire is dedicated to improving lives for youth through developing high quality youth programming. Program staff have a direct responsibility to ensure that Camp Fire is safe not only physically, but emotionally.

Camp Fire promotes behavior guidance and discipline through creating a supportive environment, developing structure and clear limits, promoting social and emotional learning, implementing positive discipline, and addressing challenging behaviors.

Camp Fire practices positive discipline, which means staff promote desired behaviors through teaching and reinforcement. Staff will redirect or problem-solve with youth when they are not displaying desired behaviors, rather than restrict behaviors by taking away opportunities or controlling youth through fear of punishment.

Camp Fire chooses positive discipline as it focuses on the needs of the child and contributes positively to the child's overall development. Staff members teach children about managing their behaviors and emotions as well as about conflict management techniques, to support them as they become responsible for resolving conflicts among themselves.

There are times when restrictions may be necessary and will most likely be directly linked to the health, safety, or well-being of that youth or others. In the event of a child harming themselves, another child, or an adult, staff may physically restrain the child in order to ensure safety. Camp Fire staff does not use corporal punishment under any circumstance.

#### **Inappropriate Behavior**

Camp Fire does not accept behavior that threatens the physical or emotional safety of the self or others; destructive behavior; behavior that is of a habitual nature to the degree that it is a detriment to the quality of the program or impedes other participants from engaging in program to the full extent; or behavior that is of a sexual nature. Should a child display inappropriate behaviors, Camp Fire Leadership will contact the registered parent in a timely manner and discuss strategies for promoting appropriate behavior.

#### **Suspension & Expulsion**

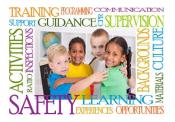
Depending on the frequency and/or severity of the child's behavior, Camp Fire may request immediate pick-up and/or a temporary suspension from program. If suspension occurs, Camp Fire may require a parent meeting to develop a Behavior Intervention Plan (BIP). Expert guidance may be sought from external health and youth development professionals. Open communication and full cooperation is required from the child's parent while enforcing the BIP. If attempted interventions fail, Camp Fire may determine that a child's needs fall beyond the parameters of our program. In the event of expulsion, Camp Fire will assist departing families by referring them to alternative care providers.

## **Adult Conduct**

Camp Fire may cease providing services if a registering adult uses threatening communications or conduct towards any participant, staff member, or others associated with Camp Fire that creates an unsafe or hostile work environment. Registering parents/adults must follow the policies described in this handbook, including communicating any special needs your child may be experiencing and payment of all program fees.



Municipality of Anchorage Child Care Licensing Program



#### PARENTS' GUIDE TO LICENSED CHILD CARE

This form is required to be included in a child care facility's policy and must be provided to parents at enrollment.

#### • Choosing care for your child is a significant decision.

When you entrust the care of your child to another person, you are making an important decision. Visit, ask questions, and carefully compare several programs. Licensed care includes child care homes and centers. Your choice depends on what you want and need for your child.

#### • Licensing is a key to quality child care.

Licensing promotes good care by setting basic health and safety standards. Before a home or center is granted a child care license, it must meet minimum regulatory standards such as: health, safety, and program requirements. Child Care Licensing Specialists from the Child Care Licensing Program conducts on-site inspections at a facility to monitor regulatory compliance and to investigate reports of concern. The goal of licensing is to prevent predictable risks of harm to children; however, licensing cannot guarantee that a facility meets all requirements at all times.

#### • An informed parent is a key to quality child care.

Parents are responsible for choosing and monitoring their child's care. Licensors generally visit a minimum of twice a year, but you visit each time you take your child. Visit unexpectedly sometimes or in the middle of the day. Keep an eye on the quality of care. What do you see when you visit? Is the environment safe? Are caregivers knowledgeable, nurturing, and communicating with you about your child's daily care and needs? How many children are present, are there enough caregivers? Are activities appropriate? Watch how your child responds to the program and interacts with caregivers. Listen to what your child says and pay attention to changes in their behavior. It's ultimately a parent's decision to choose a facility which meets their family's needs and their standards for health, safety, and quality.

#### • What to do if you have questions or concerns about the care your child is receiving:

First discuss with your caregiver or the facility's Administrator or Child Care Associate if you have any concerns, observe any health or safety issues, or feel the facility's program needs improvement. If you are still concerned, believe children may be in danger, or feel a licensing standard has been violated, **contact the Child Care Licensing Program at 907-343-4758** or via email at <u>HHSCCL@muni.org</u>.

#### CHILD-TO-CAREGIVER RATIO REQUIREMENTS FOR LICENSED CHILD CARE FACILITIES

#### **CHILD CARE HOMES**

- 1 caregiver required; must be at least 21 years of age
- No more than 5 children younger than 13 years of age, including the caregiver's own children, without fire safety approval
- No more than 8 children total younger than 13 years of age, including the caregiver's own children, with fire safety approval
- No more than 3 children under the age of 30 months
- No more than 2 children may be non-ambulatory
- No more than 5 children, including the caregiver's own children under the age of 18 years, are allowed in nighttime care between the hours of 10:00 p.m. and 6:00 a.m., with fire safety approval

#### CHILD CARE CENTERS

- Administrator and/or Child Care Associates must be at least 21 years of age
- 9 or more children in care, with fire safety approval

The number of caregivers, who are at least 18 years of age, need to meet child-to-caregiver ratios:

- 1 caregiver for every 4 young infants (birth through 11 months)
- 1 caregiver for every 5 older infants (12 months through 18 months)
- 1 caregiver for every 6 toddlers (19 months through 35 months)
- 1 caregiver for every 10 preschools children (3 to 4 year olds)
- 1 caregiver for every 10 kindergarten children (5 to 6 year olds)

• 1 caregiver for every 10 school age children (7 through 12 year olds)

See AMC 16.55.170 for allowable maximum group sizes in a center

#### CHILD CARE FACILITIES MUST MEET THE FOLLOWING REQUIREMENTS TO BE LICENSED

#### TO BE LICENSED

- Required to apply for a Provisional or Biennial License
- Must meet all licensing standards and requirements
- Must be in compliance with all licensing regulations
- Must allow the Child Care Licensing (CCL) program access to inspect the facility and premises to ensure licensing compliance and to investigate complaints
- All staff/household members must have valid criminal history check from the State of Alaska Background Check Program
- All caregivers must meet the licensing early child development training requirements

#### **OBTAIN FROM PARENTS**

- Child's immunization records or an approved exemption form
- Child emergency information
  - must be updated by parent when changes occur or at least semi-annually
- Permission for:
  - medication administration
  - transportation
  - field trip participation
- A plan of care for a child identified with a special need
- A behavior guidance plan for a child with a behavior issue

#### PROGRAM REQUIREMENTS

- Must promote children's healthy development
- Must include quiet and active, group and individual, indoor and outdoor activities
- Must include minimum of 20 minutes of vigorous physical activity for every 3 hours in care
- Must prohibit screen time viewing including T.V., computers and hand-held devices for children under two years of age
- Must ensure screen time viewing for children two years and over is limited to 1 hour in a 24-hour period except for special occasions
- Must have a specialization approved by CCL to provide nighttime care or allow children to participate in a moderate risk activity

#### SUPERVISION

- Ensure children are always supervised by an adult caregiver
- Ensure children receive age appropriate supervision
- Ensure a child's whereabouts are known at all times while in care
- Ensure child-to-caregiver ratios are always met

#### SAFETY

- Must meet CCL and fire safety standards
- Must have an emergency evacuation plan, train staff, and document monthly evacuation drills
- Ensure water temperature is between 100 and 120 degrees Fahrenheit
- Ensure firearms and ammunition are stored properly away from children. Note: firearms and ammunition are prohibited in a child care center.
- Ensure the facility is free of hazards inside and outside
- Ensure electric outlets accessible to children under age 5, have child protective outlet covers

#### **BEHAVIOR GUIDANCE**

- Must be positive and never cruel, humiliating, or damaging to the child
- Must set realistic expectations and clear and consistent limits
- Must not be disciplined or punished related to eating, napping, or toileting

- Ensure if time-outs are used they are age appropriate and a child is never removed from other children for more than 10 minutes
- Ensure corporal punishment of children is prohibited. Note: corporal punishment means "the infliction of bodily pain as a penalty for a disapproved behavior. It includes shaking, spanking, delivering a blow with a part of the body or an object, slapping, punching, pulling or any other action that seeks to induce pain.

#### HEALTH

- Ensure the facility meets cleaning and sanitation standards
- Ensure meals and snacks are nutritious and follow Alaska Food Program standards
- Ensure sanitary practices are used for food preparation and handling
- Must notify parents if their child is exposed to a contagious or communicable disease
- Ensure a medical provider approves attendance before admitting a seriously ill child
- Ensure drinking water is safe
- Ensure facility is smoke free
- Ensure there is always a caregiver with CPR and first aid certification present
- · Ensure medicine and toxic materials are labeled and stored safely out of reach
- Ensure medicine is only administered with parent permission
- Ensure a caregiver's own child and all children in care are treated equitably

#### EQUIPMENT AND SUPPLIES

- Ensure furniture and equipment are safe and durable
- Ensure there is an adequate and varied amount of age appropriate toys and books available for children in care
- Ensure children have storage space for their belongings
- Ensure children under age 5 have a cot/mat/bed and bedding that is clean and sanitary for resting
- Ensure infants sleep on their backs in an approved crib free from materials and blankets that could increase the risk of suffocation

#### SPACE

- Must have indoor and outdoor space to accommodate the physical and developmental needs of children in care:
  - 35 square feet of usable indoor space per child
  - 75 square feet of usable outdoor space per child