



Clothing

- Clothes suitable for outdoor play
- Spare change of clothes (especially socks)
- Sneakers or hiking shoes
- Warm jacket, fleece or hoodie
- Baseball cap or sun hat
- Backpack

Personal Items

- Bug Spray
- Water bottle
- Sunglasses
- Sunscreen
- Cold lunch (no microwave available)

Medication

Do not pack. Please put all of your medication containers in a ziploc bag, mark with camper name and bring to camp check-in.

All medications (including vitamins, cough drops, and others) **must be in their original container** with instructions for administration.

Do Not Bring

- Flip-flops or sandals
- Cell phones or tablets
- Electronic games or music players
- Money
- Pets
- Matches or lighters
- Weapons
- Fireworks
- Cigarettes or e-cigarettes
- Alcohol or illegal drugs

Found items will be held in the camp office and returned to parents at check-out.