

STEPITUP2THRIVE

YOUTH ROAD MAP

def. **Thriving** [θraɪv] –verb
[1] Moving forward towards your full potential.
[2] Fulfilling your dreams.



Start the engine

Identify sparks

Identify and grow Sparks and Spark Champions.



Rev it up

Adopt a growth mindset

Understand brain development and move to a growth mindset.



Tune into your gas gauge

Reflect on the indicators of thriving

Explore Thriving Indicators Wheel. Youth and Guide use conversation questions to reflect on youth strengths and challenges.



Launch your navigation system

Build goal management skills (GPS)

Grow indicators of thriving through learning and executing GPS skills: Goal Selection, Pursuit of strategies, and Shifting gears in face of challenges.

CONTINUOUSLY DEVELOP AND INTEGRATE NEW SKILLS
FULFILLED POTENTIAL

